

What's On at Staple Hill Children's Centre

Please phone 01454 862972 for more information

Monday

Family Time 1.00-2.30pm

A play session for children aged 0-5 and their parents/carers with a weekly focused topic e.g. healthy eating.

Please phone to book a place

Womankind 12.00-5.00pm

Counselling service— please ring for details.

Tuesday

Survive 9.00-12.00pm

Every other week—drop in information session

Family Drop In Group 1.00-2.30pm

An opportunity to meet other families, to make new friends and to access advice, guidance and support around being a parent/carer.

Wednesday

Rainbow Group 9.30-11.00am

Support for children with additional needs and their carers. Please phone for details

Baby Weigh-in Clinic in partnership with Downend Health Visitors 13.00-14.30pm

Thursday

Baby Play 10.30-12.00pm

An opportunity for you and your baby to make new friends and enjoy new play experiences in a relaxed setting. For babies under 1 year old)

Baby Massage 1.30-3.00pm

A 5 week programme for babies 4 months and under. Please phone for more details.

Friday

Baby and Me 1.00-2.30pm

A 10 week course to support parent & baby relationships. Please phone for more details

For information about introducing solid foods for your baby please contact the Centre. Adult & Children's bikes available to borrow, with occasional organised bike rides. Please phone the Centre for more details.

Staple Hill Children's Centre

Page Road

Staple Hill

Bristol

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