

ANTI-BULLYING POLICY FOR CHILDREN



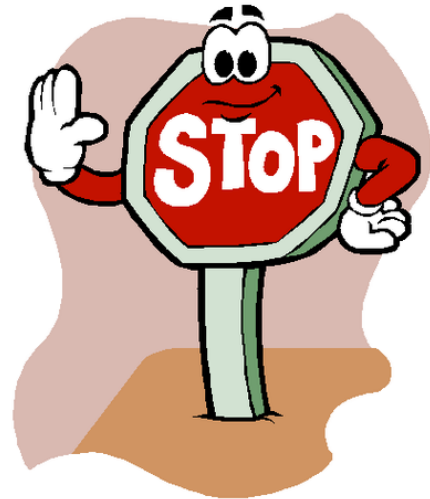
IT IS BULLYING WHEN IT
HAPPENS...

SEVERAL

TIMES

ON

PURPOSE



WHAT TO DO IF YOU'RE BEING
BULLIED ...

START **T**ELLING **O**THER **P**EOPL

WHAT IS BULLYING?

In our school, *bullying* is hurting someone more than once, on purpose, by using behaviour or words which are meant to frighten or hurt that person.



TOGETHER WE CAN **STOP** IT!

Everyone at Staple Hill will work together to:

- ⇒ Make our school a place where everyone can feel safe and happy.
- ⇒ Help everyone to get along with each other because we believe that everyone has the right to be who they are.
- ⇒ Always treat bullying seriously.



*A person's a person,
no matter how
small.*

-Dr. Seuss

BULLYING CAN BE.....

Emotional: hurting people's feelings, leaving them out

Physical: punching, kicking, spitting, hitting, pushing

Verbal: teasing, name calling

Written: unkind letters, notes, graffiti

Cyber: saying unkind things by text or e-mail or on social media/the internet.

IF YOU ARE BULLIED:

DO:

Ask them to **STOP** if you can.

Use eye contact and tell them to 'go away'!

Ignore them.

Walk away.

Talk to a Super Playranger.

REMEMBER!

DON'T get angry or look upset.

DON'T do what they say.

DON'T hit them.

DON'T think it's your fault.

DON'T hide it.



“Be yourself, because the people who **mind** don't matter. And the people that **matter**, don't mind.”
– Dr. Seuss

WHAT SHOULD I DO IF I SEE SOMEONE ELSE IS BEING BULLIED?

- ⇒ Don't walk away and ignore the bullying.
- ⇒ Ask the person to stop if it is safe to do so.
- ⇒ Don't stay silent or the bullying will keep happening.

WHO CAN I TELL?

- ⇒ A Friend A Super Playranger
- ⇒ A Family Member
- ⇒ Any Adult at School
- ⇒ The Worry Box
- ⇒ Any Other Adult