

# Home Learning Year 5 and 6



Week Beginning 18<sup>th</sup> May 2020

## Daily Physical Activities and Support for Mental Health

Daily movement is great for children's physical and mental health:

Joe Wicks is hosting a daily fitness session to get the blood pumping:	<a href="https://www.youtube.com/user/thebodycoach1">https://www.youtube.com/user/thebodycoach1</a>
Cosmic Kids are hosting a daily yoga session to help build strength and balance. These fun sessions follow story and are also great for mental health.	<a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a>
Staying mentally healthy can be tricky during such difficult times, here are some resources to support you.	<a href="https://youngminds.org.uk/find-help/for-parents/supporting-your-child-during-the-coronavirus-pandemic/">https://youngminds.org.uk/find-help/for-parents/supporting-your-child-during-the-coronavirus-pandemic/</a> Support guidance  <a href="https://www.youtube.com/watch?v=wf5K3pP2IUQ">https://www.youtube.com/watch?v=wf5K3pP2IUQ</a> mindfulness activity

## Reading:

Online eBooks which link to our phonics programme (shown above) will allow children to apply their phonics skills. These can be found at:

<https://home.oxfordowl.co.uk>

## Mathematics, English and foundation learning:

From feedback from parents we understand that lots of our families would like different things from home learning. The following offers families a range of home learning for parents to select from to meet their needs and circumstances:

Stage	Aim	Link
Pick and mix stage	In this stage, families are free to pick learning activities to complete together. Families can do as much or as little as they choose.	<a href="https://robinhoodmat.co.uk/wp-content/uploads/2020/03/Week-7-Learning-Project-Y5_6.pdf">https://robinhoodmat.co.uk/wp-content/uploads/2020/03/Week-7-Learning-Project-Y5_6.pdf</a>

<p>Daily learning activities stage</p>	<p>In this stage, learning has been set out in into daily chunks to help families establish a routine of learning together. Learning activities link or build on each previous day's activity.</p>	<p><a href="https://www.robinhoodmat.co.uk/wp-content/uploads/2020/04/W.C-18.05.2020 - Y5 6-Learning-Project-FAMOUS SIGNIFICANT-PEOPLE.pdf">https://www.robinhoodmat.co.uk/wp-content/uploads/2020/04/W.C-18.05.2020 - Y5 6-Learning-Project-FAMOUS SIGNIFICANT-PEOPLE.pdf</a></p>
<p>Daily learning stage</p>	<p>In this stage, children can be a little more independent and engage with daily learning activities using the BBC bitesize website. This is broken down into year groups and learning for each day.</p>	<p><a href="https://www.bbc.co.uk/bitesize/dailylessons">https://www.bbc.co.uk/bitesize/dailylessons</a></p>
<p>Formal Daily stage</p>	<p>In this stage, children can independently engage with online lessons with The National Academy. Each day there is a Mathematics, English and Foundation subject lesson for each year group. This section has a teacher delivering direct teaching followed by independent practice. This stage requires children to follow the learning each day with lessons building upon prior learning. Children will need to complete the learning in order as it is sequential and builds daily.</p> <p>This has been created and funded by central government.</p>	<p><a href="https://www.thenational.academy/online-classroom/schedule">https://www.thenational.academy/online-classroom/schedule</a></p>

**BBC iPlayer** and the Red Button are hosting Bitesize Daily programmes each weekday for learners aged five to 14. Expert teachers have worked with us to create these fun-packed programmes full of learning and inspiration. Each programme will include a combination of core subjects like English, Maths and Science, as well as other subjects such as History, Geography, Music and French.

**Watch Bitesize Daily on iPlayer**

Watch Bitesize Daily on Red Button: 09:00 - Bitesize Daily, Primary

**Sharing learning with teachers and gaining feedback**

No matter what learning families choose to do at home, all completed learning can be shared with their child's teacher using Class Dojo. Teachers will comment on your child's learning. Each week, teachers will also send them a message about their learning and give improvement tips or reminders.